

Information from Hamar region health authority
13, November 2020

Avoid travelling and receiving visitors just now

The local health authority in the Hamar region is grateful that the citizens have contributed to knock down the local outbreaks of Covid-19. We still ask people to continue taking precautions. The number of infections in Norway is rising, and we ask people to follow the prime minister's advice and avoid travelling just now.

The number of infections in the Hamar region has fallen the last days. Thanks to all citizens who have followed the measures, we managed to knock down the outbreaks also this time.

Despite the positive trend, we are worried about the situation in Norway. We are midst the second wave of infections, and the increasing numbers in Norway are worrying. In some cities, the cases are numerous.

That is why the municipal chief physician asks everyone to follow the prime minister's advice not to leave their home area. We advise all citizens to avoid all travels that are not necessary just now. The same advice applies to having visitors and travelling together with persons from a region with a high number of infections.

High importance right now

Right now, the level of infection around us is very high. It will take some time before we see the effect of the national measures presented a week ago. In a couple of weeks we assume that the situation will improve.

We suggest that commuters work from home and have digital meetings. Some travel activity will always be necessary, but right now, we are all better off to limit the number of gatherings and keep social distance as much as possible.